



YOUNG LIVING



# Raven™

Is a blend of  
Ravintsara (Cinnamomum camphora)  
Lemon. (Citrus limon)  
Wintergreen (Gaultheria procumbens)  
Peppermint. (Mentha piperita)  
Eucalyptus Radiata. (Eucalyptus radiata)



Graphic Design: Foto Serry s - (57) 3134169766

## How to use

- Mix with a carrier oil and apply topically to chest and throat
- Diffuse at night for a clear sleep
- Make your own inhaler and take it with you everywhere
- Apply to your tired feet before bedtime

## Features and Benefits

- Has a cool, minty aroma
- Provides a refreshing respiratory experience
- Promotes a sensation of deeper breathing

## Uses

- Can be diffused or inhaled
- May be used during exercise
- Creates a cooling and comforting sensation

SOURCES:  
Young Living website



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## Precautions

For external use only  
Keep out of the reach of children  
Possible skin sensitivity  
If you are pregnant, nursing or under the care of a physician, consult your physician prior to use.  
Avoid contact with eyes, inner ear, and sensitive areas.

## Additional precautions

Not intended for children

## Notes

Ravintsara comes from the camphor tree native to Southern China and Japan  
Young Living peppermint is farmed at the Young Living Lavender Farm and Distillery in Mona, Utah

[oilsensation.com](http://oilsensation.com)

## DISCLAIMER:

This information is for educational purpose only  
These statements have not been evaluated by the Food and Drug Administration  
Young Living products are not intended to diagnose, treat, cure, or prevent any disease